



# CATHOLIC CHARITIES

Diocese of Palm Beach, Inc.

## COUNSELING PROGRAM

*providing help • creating hope*

Want to talk to someone but worried about going to a counseling office?

Are you experiencing increased stress and anxiety?

Feeling overwhelmed with everything going on?

### **If you live in the state of Florida we are here to help!**

Our highly trained professional counselors are available for private counseling sessions using video technology. This is as simple as clicking on a link that will be sent to you. We offer affordable services through a sliding fee scale and work with many insurance companies and employee assistance programs. Services are provided in English and Spanish.



**Contact us today to schedule an appointment!**

1-844-848-6777

[Counseling@CCDPB.org](mailto:Counseling@CCDPB.org)